

Frequently Asked Questions: Bible Reading

How do I know what to read?

It is often good to find a good bible reading plan that works for you. Bible reading plans will have different time commitments and so you can choose one that works for you. We have posted a link on our website to different bible reading plans if you need one. Just click on the SOAP banner. You can actually follow @One_Year_Bible on twitter and they will tweet you daily readings.

What if I don't understand what I am reading?

You may not understand 90% of what you read at the beginning. This is okay. Focus on the 10% you do understand. Choose to meditate and focus on the 10% - I think you will find over time it increases to 20%, 40%, etc. Also, it is beneficial to SOAP with other people. Talk together about what the bible is saying to you, learn from others observations and insights.

How often do I need to read the Bible?

Good question, but it is the wrong question. I can't answer that for you. I would just say this, when a person is trying to become an elite athlete, nutrition is of utmost importance. This athlete learns that he or she must eat good quality food often. How elite do you want to become?

This week there was an interview with Denver Broncos quarterback Tim Tebow he was responding to criticism about how often he speaks about Jesus and his faith. Tebow responded with these words, *"If you're married and you have a wife and you really love your wife, is it good enough to only say to your wife 'I love her' the day you get married? Or should you tell her every single day when you wake up and every opportunity? That's how I feel about my relationship with Jesus Christ."*

I think the same is true about knowing God. Are you satisfied just discovering our Savior or do you want to constantly be in relationship with him, growing with him, getting to know him better? Bible reading introduces you to more and more of Jesus everyday.

When should I read my bible?

I don't know. I would read it when you are at your best not when you are at your worst!